

Mitzvah Project Ideas

- Jewish Family Services, JFS, has a variety of ways you can help your community:
- Volunteering in the Food Pantry - <https://www.jfskc.org/volunteer/>
- Host a Food Drive for the Food Pantry - <https://www.jfskc.org/host-food-drive/>
- Learn how to bake challah (and possibly teach others too!) and donate to the Food Pantry - (913) 730-1410 or volunteer@jfskc.org
- Organize a toilet paper drive - <https://www.jfskc.org/wipeout/>
- Organize a hygiene drive and put together kits of toothbrushes, toothpaste, deodorant, baby wipes, hand sanitizer, etc - (913) 730-1410 or volunteer@jfskc.org
- Assembling kits of feminine hygiene products for **Giving Hope and Help**, which supports survivors of domestic violence - <https://givinghopeandhelp.org/>
- Volunteer at **Village Shalom** to lead Shabbat services or do art, music or other activities with residents - (913) 266-8431 or zkearney@villageshalom.org
- Assemble meals with **Pete's Garden** to tackle food waste in KC - <https://petesgarden.org/volunteer>
- Ensure hungry people have access to healthy food with **After the Harvest** - <https://aftertheharvestkc.org/volunteer/gleaning-sign-up/>
- Collect cool, fun bandages for kids and help to end childhood cancer with **Noah's Bandage Project** - <https://www.noahsbandageproject.com/host>
- Host a **JScreen** awareness campaign to shed light on issues related to infertility and hereditary cancers - info@jscreen.org
- Support older adults in KC by volunteering at **Shepherd's Center** - <https://kcshepherdscenter.org/programs-and-services/volunteer-engagement/volunteer-engagement.html>
- Volunteer in the **Mitzvah Garden** and ensure local food pantries are stocked with produce - <https://www.mitzvahgardenkc.com/get-involved>
- Collect toys and makeup for the busy box collection and the best face forward program, create hospital care packages for families affected by breast and ovarian cancer or host an awareness campaign with **Sharsheret**, which improves the lives of Jewish women and families living with, or at increased genetic risk for breast or ovarian cancer - <https://sharsheret.org/bnai-mitzvah-celebrations/>

Turn over for more ways to make a difference in your community and change the world!

- Build a **Little Free Library** to inspire readers and expand book access - <https://littlefreelibrary.org/start/>
- Collect new and gently used gear through **Global Futbol** and help kids across the globe play soccer - <https://www.globalfutbol.org/volunteer/>
- Organize a school supply drive for students attending **University Academy** - Brianne Phillips, Director of Student Services, phillipsb@universityacademy.org or (816) 412-5956
- Lead virtual daily minyan for B'nai Jehudah - RabbiBrazner@BnaiJehudah.org
- Join B'nai Jehudah's group, which volunteers at **Micah Ministry**, to help with various tasks, including sorting clothes, set up for food service, serving guests resources such as food, clothing, and medical supplies, or sorting and preparing donations. Contact Marcia Soltz at mksoltz@gmail.com or sign up [here](#)

Have a skill or talent you want to share with others, or an original idea not listed here?
Make it happen! These are just starting points. Past students have:

- Tutored children in reading or math at their elementary schools or local libraries
- Donated new or gently used books to schools in underserved communities
- Taught karate, or gave free soccer, baseball, basketball or dance lessons through a community center
- Led composting or recycling campaigns
- Organized walks or runs to shed light on illnesses, cancers or issues
- Opened music booths at their farmers' markets so people could play instruments for free
- Built playgrounds in underserved communities
- Constructed libraries at juvenile detention centers
- Organized shoe drives or collected new and gently used sports gear for kids across the globe

While we love our furry friends, we hope you will use your mitzvah project to prioritize organizations that serve humans! If you need help connecting with any of these organizations, ask your rabbi. We have a lot of connections!