

# SHABDAH

AT

HOME

# SHABDAH

AND ACROSS KANSAS CITY



# Shabbat Checklist

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- **CHALLAH** (for the challah blessing) No challah? Use whatever bread you have in the house. **No bread? Use a pretzel!**
- **JUICE or WINE and *KIDDUSH CUP*** (for the blessing over the wine) Or, use grape juice or a juice box. Heck, use a cocktail or a raisin.
- **CANDLES** (for the candle blessing)
- **DINNER:** You can go old-school and roast a chicken, but maybe you feel like pad thai instead? Fabulous! Busy week? Toss a frozen pizza in the oven.

If you have not figured this out yet, we are trying to emphasize that you cannot do it wrong. The only way to do it wrong is to not do it.



# Candles

Welcome Shabbat with the blessing over the candles.



ברוך אתה יי' אלֹהֵינוּ  
מלך הָעוֹלָם, אָשֶׁר  
קִדְשָׁנוּ בְמִצְוֹתָיו,  
וַצְוָנוּ לְהַדְלִיק נֵר  
שֶׁל שַׁבָּת.

*Baruch Atah Adonai, Eloheinu  
Melech haolam asher kid'shanu  
b'mitzvotav v'zivanu l'hadlik ner  
shel Shabbat.*

Blessed are You, Adonai  
our God, Sovereign of the universe,  
who hallows us with mitzvot, commanding  
us to kindle the light of Shabbat.



# Blessing for Children

## Blessing for Shabbat By Rabbi Stephanie Kramer

As the Shabbat flames flicker and dance,  
We call to mind our children and grandchildren.  
Our nieces and nephews,  
Our mentees, apprentices

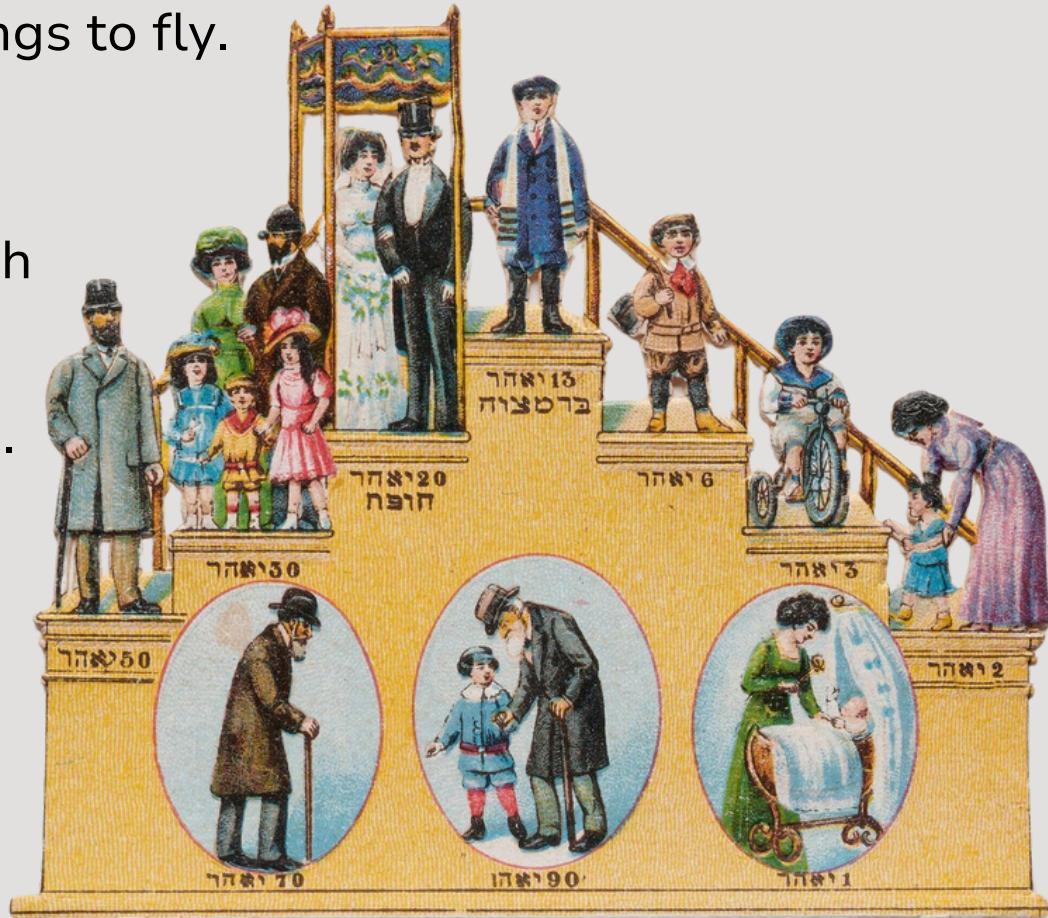
Those related by blood and those by choice,  
Those around this Shabbat table and those miles away.

We offer a blessing,

We hope that we gave them  
strong roots, and wings to fly.

That they should  
be just who they are  
And all that they wish  
to become.

And let us say, amen.



# Kiddush

Sanctification of this day over  
wine (or grape juice)



ברוך אתה יי' אלְהֵינוּ  
מלך הָעוֹלָם.  
בָּרוּךְ פָּרִי הַגָּפָן.  
ברוך אתה יי'  
מַקְדֵּשׁ הַשְׁבָּת.

*Baruch atah, Adonai Eloheinu,  
Melech haolam, borei p'ri hagafen.*

*Baruch atah, Adonai, m'kadeish  
haShabbat.*

Praise to You, Adonai our God,  
Sovereign of the universe, Creator of  
the fruit of the vine.

Praise to You, Adonai, who sanctifies  
Shabbat.

# HaMotzi

Blessing over bread before  
the meal



ברוך אתה ייְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
הַמּוֹצִיא לְחֵם מִן הָאָרֶץ.

*Baruch atah, Adonai Eloheinu melech haolam, hamotzi  
lechem min haaretz.*



Our praise to You, Adonai our God,  
Sovereign of the universe,  
who brings forth bread  
from the earth.

# The Michael Klein Collection



## Shabbat Candlesticks

Made in Israel in the 1940s, these silver candlesticks are decorated with dangling beads.

## Kiddush Cup

Engraved designs on this kiddush cup stand out through the addition of niello, a black mixture made with sulfur. The cup was made in Russia in the late 19<sup>th</sup> century.



## Challah Tray

The sweeping, organic lines on this silver German challah tray are consistent with the Art Nouveau style movement of the late 19<sup>th</sup> century.

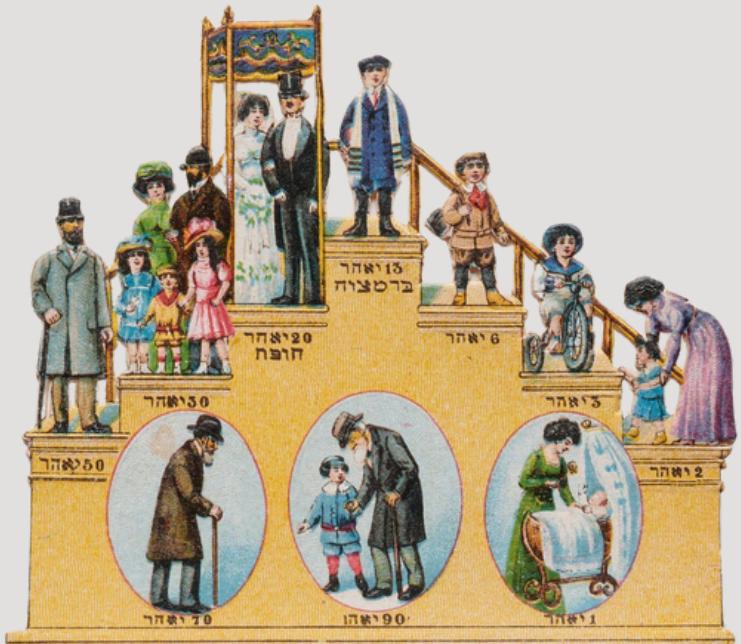


# Prayer Book

Printed in Amsterdam in 1794, this prayer book was given to a groom to celebrate his wedding. Its silver cover is decorated with a scene of the Binding of Isaac.

# Greeting Card

Sending greetings for Rosh HaShanah is a longstanding Jewish tradition. The first-ever holiday-specific greeting cards were printed for Rosh HaShanah! This pop-up card was made in Germany around 1900.



# Illustration

Stages of life, including birth, childhood, *bet mitzvah*, marriage and old age, are shown as steps on this 1910 German illustration.